

STERRA CONFIGURATION TABLE

		EASY GRAVEL	MIXED TERRAIN	ROUGH GRAVEL - TRAIL
RIDER WEIGHT <60 Kg	SPRING	Soft Spring WHITE – 12N/mm	Soft Spring WHITE – 12N/mm	Soft Spring WHITE – 12N/mm
	PRELOAD	No spacer	Low Spacer WHITE – 1 mm	Medium Spacer BLACK – 3 mm
RIDER WEIGHT 60 -70 Kg	SPRING	Soft Spring WHITE – 12N/mm	Soft Spring WHITE – 12N/mm	Medium Spring BLACK – 16,5 N/mm
	PRELOAD	Medium Spacer BLACK – 3 mm	High Spacer RED – 6 mm	Medium Spacer BLACK – 3 mm
RIDER WEIGHT 70 -80 Kg	SPRING	Soft Spring WHITE – 12N/mm	Medium Spring BLACK – 16,5 N/mm	Medium Spring BLACK – 16,5 N/mm
	PRELOAD	High Spacer RED – 6 mm	Medium Spacer BLACK – 3 mm	High Spacer RED – 6 mm
RIDER WEIGHT 80 -90 Kg	SPRING	Medium Spring BLACK – 16,5 N/mm	Medium Spring BLACK – 16,5 N/mm	Hard Spring RED – 21.5 N/mm
	PRELOAD	Medium Spacer BLACK – 3 mm	High Spacer RED – 6 mm	Medium Spacer BLACK – 3 mm
RIDER WEIGHT >90 Kg	SPRING	Hard Spring RED – 21.5 N/mm	Hard Spring RED – 21.5 N/mm	Hard Spring RED – 21.5 N/mm
	PRELOAD	Medium Spacer BLACK – 3 mm	High Spacer RED – 6 mm	High Spacer RED – 6 mm